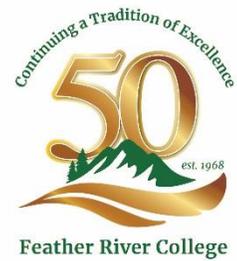


REPORT TO BOARD OF TRUSTEES
SUPERINTENDENT/PRESIDENT KEVIN TRUTNA, ED.D.
MAY 16, 2019



1. STUDENT AND EMPLOYEE ACCOMPLISHMENTS

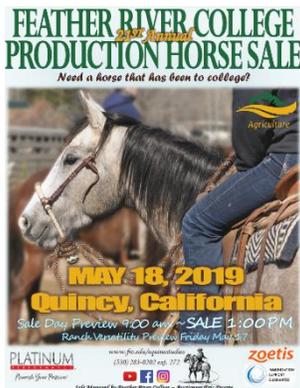
The 2nd Student Research Symposium was held on May 10th. Students from various classes presented their research projects. This semester, the Symposium expanded beyond English 101 to include other disciplines. Kudos to **Dr. Will Lombardi** for organizing and working so hard to make this important event a reality.



This picture on the right shows the ENVR 241 Wildlife Diversity & Field Techniques class who presented the results of their mammal track plates and game cameras on FRC's campus. Left to right: **Sidney Lasby, Clint Meuser, Liz Ramsey, Dr. Ryan Thoni, and Eric Sundell.**



Dr. Darla DeRuiter's ENVR 251 Ecosystem Management class presented the plenary session for the symposium--FRC's Watershed & Forest Health Initiative: Fighting Fire with Fire. The students were **Jake Carver, Sidney Lasby, Julia Nehl, Angel Noia, and Liz Ramsey.** Very important work!



The 21st annual horse sale will be this Friday (1 pm) and Saturday (9 am). A live auction will take place on campus to sell the project horses that students have been utilizing in their equine classes all semester. Students had the opportunity to travel with their horses over spring break to visit with horse trainers. One group went to Clements with **Lauren Pearson** to take lessons from **Eric Laporte**. One group travelled to Paso Robles with **Chuck Mills** and **Gene Armstrong** to take lessons from **Justin Wright, Monica Caetano**, and several others. Students have



had the opportunity to learn about conditioning, grooming, showing, and overall training a young horse. FRC Equine Program is expecting a very large crowd! There will be concessions provided by the Young Cattlemen's Club and a silent auction.



The Student Art Show is happening at the Fairgrounds in the Art Barn. Please stop by to visit the works of our students in the program. Thanks to **Rafael Blanco** for organizing the exhibit and for displaying the work from students over the academic year.



The Advanced Horse Management Bachelor Degree students traveled to Scottsdale, AZ over spring break where they toured horse facilities, studied horse management styles, and interviewed horse business owners. Facilities included Silver Spurs Stallion Station, Al Dunning's Almosta Ranch, Mike Wood Performance Horses, West World of Scottsdale, and Hunkapi Therapeutic Horse Riding Center.

One highlight for students was visiting Hunkapi Therapeutic Horse Riding Center where former FRC student and Bachelor Degree graduate **Cara Martin** gave students a demonstration and tour. A miniature horse was used to demonstrate team building exercises! Cara helped motivate students and gave very helpful career advice.



Coach Riley York and the rodeo team just returned from the Western Regional Finals in Las Vegas, NV. The men's rodeo team ended up 3rd in the region and the women's team was 5th in the region. Individual highlights include:

- Team Roping - **Kolby Bravos** (heading) and **Rylie Amarant** (heeling) 1st place
- Steer Wrestling - **Kolby Bravos** 1st place

Final standings for the season include **Kolby Bravos** 2nd place in Steer Wrestling; **Cody Stewart** 3rd place in Team Roping; and **Cameron Messier** 1st place as West Coast Regional Champion in Saddle Bronc Riding. These three student-athletes will be competing in the College National Finals Rodeo in Casper, WY next month.

Please join me in congratulating the ASFRC Officers for 2019-20!

- President – **Kayla Reis**
- Vice President – **Laura Dority**
- Secretary/Treasurer – **Lauren Erickson**
- Student Trustee – **Sydney Guinto**

This year's officers, **Cora Cherry**, **Danika Day**, **Sydney Sounders** and **Gracie Yates** have done an awesome job meeting regularly and reviving student government at FRC!



FRC was well represented at the Future Farmers of America Leadership Convention. **Crystal Anderson**, **Kamdyn Maher**, and **Alana Cruz** met High School FFA members, their counselors, teachers, and parents. The convention hosted nearly 7,000 members this year in Anaheim.



Assemblyman Brian Dahle presents FRC with a resolution honoring the FRC 50th Anniversary to Dr. Derek Lerch and Russell Reid



ORL 120 Recreation Program Planning class hosted Bike-to-Work-and-School Week from May 6-10, providing a refueling and repair station across from Quincy Natural Foods Co-op every morning that week. Students **Payton Birch**, **Audrey Murray**, and **Tyler Leyden** reported a tally of 91 who biked and signed in, along without about 30 people who they saw riding but didn't stop.

Big thanks and congrats to American Valley Baking, who were sponsors and won the award for highest percentage of employees who consistently bike to work. Also kudos to ORL alum **Dana Ludington** and the Lost Sierra Mountain Bike Club; many of their students rode to school every day. The FRC staff was also very involved in the event as well.



The Sustainability Action Team held the second event of our Spring Symposium on Thursday, April 25th to a capacity crowd in the Town Hall Theatre in front of about 230 people. A mix of conservationists, ranchers, and just plain curious folks attended. After the film, **CDFW Wolf Specialist Kent Laudon**, gave an excellent presentation about the Lassen Pack, California's only known wolf pack, that lives right here in Plumas County. The event was co-hosted with SAT and the Plumas Earth Days Committee.



ORL 120 Recreation Program Planning hosted the Plumas Paddle Fest on Saturday, May 11th at the swimming hole across from the Spanish Ridge Trailhead. Rafts, stand-up paddleboards, sea kayaks, whitewater kayaks, and inflatable kayaks, along with a free BBQ were enjoyed by the 40 or so community members of all ages who stopped by on this beautiful day.

Event planners **Justin Andrew**, **Gabe Thompson**, and **Noah Drohan** worked hard to ensure a fun and safe time was had by all.



The final class event happened May 15th: the Stonemasters Climbing Competition! Beginner and Advanced categories took on the ORL climbing wall. Costumes from the 1970's were encouraged, and prizes were awarded. On the left, 11-year old Noah won the beginners competition.

The Program Planning class teaches students how to plan, execute, and evaluate events and is taught by **Dr. Darla DeRuiter**.



J. Damron has worked to install a student exhibit space outside of the ORL/Art classroom. This has allowed the hallway to become a larger exhibiting space for invited (curated) professional artists and emerging artists with a focus on photographic works. It will still serve students as well. Having even a small space for invited work introduces work to students, in person, which can be hard to do in a rural setting. This kind of space can also introduce the college and the program to folks who may not otherwise know about FRC or the Studio Arts Program.



Jessie Mazar and the Ecological Farming certificate are wrapping up the first semester with a group of enthusiastic students, a greenhouse of vegetable and herb starts, and hopes for a productive summer!

On the right, ENVR 130-Introduction to Sustainable Food Systems students present their final projects for this course, part of the new Eco Farming Certificate program.



Coach Sarah Ritchie and the beach volleyball team had one of its most successful seasons ever.

- Big 8 Conference team co-champs
- **Sarah Ritchie** Coach of the Year
- Individual team of **Chloe Hampton** and **Madison Howard** were 5th in the state
- Individual team of **Mere Nagase** and **Aurora Carnes** were 7th in the state



FRC softball finished the year as GVC co-champions, made it into the regional playoffs, and earned several individual honors. **Coach Meredith Aragon** is pleased to announce the following:

All-State Academic Team:

- Ali Conder
- Cynthia Barela

All Conference Honors:

- MVP of the Golden Valley Conference: Madison Harris
- All State Team: Madison Harris

1st Team Golden Valley Conference All Conference:

- Madison Harris - Outfield
- Ananda Delegarito - Pitcher

2nd Team Golden Valley Conference All Conference:

- Kyllie Sappington: Catcher
- Cynthia Barela: Outfield



Akela Holder - Infield

Caitlin Lotspeich: Pitcher

Laticia Molina: Infield

Terry Baumgartner and the baseball team also finished the year as GVC co-champs, nationally ranked, and hosted the first round of the playoffs. Individual honors included:

Golden Valley Conference All-Academic Team

Pitchers:

- Raleigh Pigg
- Tim English
- Jacob Miller
- Trae Perkins
- Brendan Talonen

Infielders:

- Ty Brogden
- Jeremy Watland
- Cameron Fliege

Outfielders:

- Vinny Zavolta

All-State Academic Team

- Ty Brogden
- Jeremy Watland

Golden Valley Conference – All-Conference

- Most Valuable Player: Vinny Zavolta
- Coach of the Year: Terry Baumgartner

1st Team All-Conference

- Damien Awai (pitcher)
- Jacob Miller (relief pitcher)
- Ty Brogden (infield)
- Peter Mendazona (infield)
- Austin Youngblood (outfield)

2nd Team All-Conference

- Esteban Sosa (pitcher)
- Cameron Fliege (utility)
- Jerry Thomas (DH)

Honorable Mention All-Conference

- Jake Farnsworth

With the leadership of **Audrey Peters**, Upward Bound is very pleased to announce that the FRC Program received the grant award notification for the 2019-20 year and the funding amount was increased 4.5%, bringing the award to \$287,537.

2019 program graduates have registered or plan to attend the following post-secondary institutions:

- Chester High graduates: UNR, Butte College, Lassen College and Houghton College in New York
- Greenville High graduate: FRC
- Quincy High graduate: FRC
- Plumas Charter graduate: FRC (2), College of the Redwoods
- Portola High graduates: FRC (2), UNR, Butte College, and College of the Redwoods (2)

The six students planning to attend FRC in the fall all registered during the TRIO priority registration window, and have completed TRIO applications to continue to receive support as students at FRC.

One outstanding Upward Bound participant attending Plumas Charter School, **Corbyn Koskinen**, will graduate with his associate’s degree from FRC this month, two weeks prior to graduating from high school. To honor this achievement he was presented with the Upward Bound Outstanding Achievement Award (see picture). Keep your eyes peeled for him at FRC graduation wearing an Upward Bound stole.



The Upward Bound staff celebrated an amazing alumni this week as the first homeless participant our program ever served graduated from North Carolina State with his bachelor’s degree.



Eleven participants from Chester, Greenville, Quincy, and Plumas Charter schools attended the Upward Bound Reno field trip Saturday, April 27th where they received a guided tour of Truckee Meadows Community College, viewed an exhibit at the Nevada Museum of Art and visited the Animal Ark Wildlife Sanctuary (see photos). Ten UB participants seized the opportunity to prepare for the June SAT & ACT



tests by attending the Upward Bound Test Prep Academy at FRC Saturday, May 11th.

The crew who showed up for our Earth Day event were treated to Friends of Plumas Wilderness’ inspiring film, *Visions of the Lost Sierra*, then headed out to pick up trash. Between the group and **Anna Thompson’s** BIO 100 class that morning, about 30 people picked up approximately 60 pounds of trash. Here are the winners:

- Cody and Anthony (from BIO 100): heaviest total – 23.5 pounds!!
- **Clint Meuser** a.k.a. Doe: most unusual item – a lovely pink cell phone cover (to die for)
- Sarah a.k.a. Crystal: Honorable mention for most unusual item – a door stop in the bike rack



Faculty and staff presented 60 awards during the *Annual Student Recognition Awards* on Wednesday, May 8th. There were a variety of categories including Outstanding Student Athlete, Outstanding Tutors and Mentors, Leadership, and Academic Excellence and Achievement across multiple disciplines.



Contact: Erin Cogswell
erin.cogswell@ptk.org
601.987.5533
FOR IMMEDIATE RELEASE

May 2, 2019

15 Nursing Majors Receive Hurst Review NCLEX Scholarships

Jackson, Mississippi — Fifteen Phi Theta Kappa members have been awarded Hurst Review NCLEX® Scholarships to help cover the cost of NCLEX exam fees and study materials.

The 2019 Hurst Scholars include:

Juan Ramirez, Feather River College

The scholarship, funded by national nursing exam prep company Hurst Review Services, is exclusively for Phi Theta Kappa nursing majors who plan to take the National Council Licensure Examination (NCLEX®). Hurst Scholars will receive a code to cover the cost of Hurst Review NCLEX® study materials and a cash award to cover the NCLEX® exam fees.

With the leadership from **Monica Potter**, in the weeks leading up to Denim Day, a Survivor’s Support banner was created. Students and FRC faculty/staff signed the pledge to support survivors of sexual assault, then made their mark on the banner with 131 signatures collected. Students that aided in the event were from Eagle Pride Club, PTK, BSU and Student Ambassadors. The banner now hangs in the Wellness Center. The banner signifies that FRC supports all survivors.

Photos are of the banner, ASFRC signing their pledge cards and **Taneesha Porter** making her mark.



2. SUPERINTENDENT/PRESIDENT ACTIVITIES REPRESENTING FRCCD

- a) April 22 – Quincy Rotary meeting
- b) April 22 – attended softball game vs. Shasta College
- c) April 25 – Quincy Chamber of Commerce meeting
- d) April 26 – FRC/Butte College LVN/Paramedic to RN Plumas County meeting
- e) April 29 – *Day in the Mountains* welcome
- f) May 1 – Plumas County Behavioral Health Commission meeting
- g) May 1 – Portola High School meeting with Principal **Sara Sheridan**, Portola
- h) May 2 – personal vacation
- i) May 3 – meeting with **Trustee Dana Ware**, Chester
- j) May 3 – FRC Foundation meeting
- k) May 3 – Phi Theta Kappa induction ceremony
- l) May 3 – attended baseball playoff game vs. Cosumnes River College
- m) May 7-9 – personal vacation
- n) May 10 – FRC Student Research Symposium
- o) May 13 – Golden Valley Conference Athletic Program Review
- p) May 13 – Plumas Regional Transit Plan meeting, Portola
- q) May 14 – breakfast meeting with **Trustees Bill Elliott** and **John Sheehan**
- r) May 15 – breakfast meeting with **Trustee Guy McNett**
- s) May 15 – Plumas County Community Food Council meeting
- t) May 15 – FRC Foundation BMC meeting

3. RESOLUTION SUPPORTING BUTTE COLLEGE-FEATHER RIVER COLLEGE RN PARTNERSHIP

Whereas, the Butte College Registered Nursing Program seeks to expand their nursing program by twelve students beginning in the summer of 2020, and

Whereas, the expansion targets current Paramedics and Licensed Vocational Nurses who are interested in obtaining an Associate Degree in Registered Nursing from Butte College, and

Whereas, Feather River College is partnering with Butte College to provide classroom teaching space, simulation laboratory, technology support, and assistance with student counseling and advising, and

Whereas, Feather River College continues a partnership with Plumas County hospitals and care centers that will provide limited clinical experiences for Butte College Registered Nursing program and Feather River College acknowledges that the expansion will not displace any students from local facilities, and

Whereas, the expansion program will help address healthcare needs in small rural counties in Northern California, and allow Paramedics and Licensed Vocational Nurses to advance in their career without relocating from Plumas County,

Therefore, be it resolved that the Feather River College Board of Trustees supports the Butte College Registered Nursing Program expansion into Plumas County, offers support and welcomes the expansion and partnership with Feather River College, and endorses the endeavor to meet the rural healthcare needs of rural Northern California.

4. DAY ON THE GREEN

May 2, 2019

Merle Rusky states the idea for Day on the Green came from a student evaluations for ECE 153 a few years ago. The ECE students and the CDC students all had a super day.



Here is one powerful insight from a participant: “We were equal, I didn’t feel like I was older but obviously I am!”

A discussion ensued on how time and experience lends us wisdom but in the moment, authentic connections and relationships are the bridge that allows for information exchange.



Here are a couple of photos of the children from the CDC and ECE 153 playing together, building relationships, while practicing and refining skills. The ECE students encouraged play, strengthened trust, built relationships, dried a few tears, and remained humbled as they were tagged or out smarted by the CDC children.



What skills were demonstrated by the CDC students? ECE student answers.

- Decision making and the ability to change their mind
- Social connections – making new friends
- Running, turning, ducking with agility
- Kicking while running
- Hitting a soft ball
- Aiming and making baskets
- Self-control – remaining still until “set free”
- Self-control – taking turns
- Empathy and encouragement – Run, run, faster!
- Emotional health – laughter, stress free environment, engaged in supportive relationships
- Physical health – laughter, cardio, muscle strengthening,
- Emotional health – Composing one’s self after falling, crying, being tagged, waiting a turn
- Language and connections – listening to stories
- Experiencing mirth – chasing bubbles, laughing

A wonderful day of building positive experiences to grow healthy brains and bodies for young and old alike.

5. THIRD ANNUAL HIGH SIERRA PARENT CONFERENCE – MERLE RUSKY

The 3rd annual High Sierra Parent Conference was held Saturday March 16th. There were 34 parents and 6 HSPC committee members present. Despite the decision to forego on-site child care for the first time, this was our most well attended event to date.

We started with the Parent Café (pictured right) facilitated by **Justin Margolis** from Valley Oak Children’s Services in Butte County. The Parent Café is always a hit with parents. The Parent Café allows parents to share with other parents using a question or two from the Parent Café card deck. The questions are all designed around the 5 Protective Factors of the Strengthening Families Framework which are: knowledge of parenting and childhood development, concrete support in times of need, social and emotional competence of children, parental resilience, and social connections.



The keynote speaker was **Scott Peebles**. Scott has spoken for several parent groups all over the country and has a private practice in southern California. His presentation was about “How to Parent your Children without losing your Mind.” Parents found it entertaining and useful.



Due to the amazing efforts and expertise of the HSPC committee, the conference continued with the Brain Architecture Game. This game illustrates how the architecture of the brain is designed through positive and negative events in a child’s life.

For each year of life, cards are drawn with different scenarios. In the first five years of life, pipe cleaners and straws are used to build the brain; the number and type of materials each group can use is determined by the cards chosen. After the fifth year, weights are added to the brain when cards representing toxic stress are drawn. The object is to build the tallest brain. The experience serves to highlight just how much stress a brain can handle, and the impact that stress and adverse conditions have on the developing brain of a child. Parents seemed to find the activity enjoyable and insightful. The day ended with raffle prizes donated from the HSPC committee funds.

The following agencies provide funding and coordination of the HSPC: Plumas Children’s Council (Child Abuse Prevention), Plumas First 5, Plumas Rural Services - Child Care Resource & Referral, Plumas Early Education and Child Care Council (LPC), Sierra Cascade Family Opportunities, Inc. (Head Start), Plumas CASA, and Feather River College.

We have been honored to be able to collaborate to provide a day of enjoyment and impactful learning to parents throughout Plumas County.

High Sierra Parent Conference Committee:

Bethany Edholm – SCFO Head Start – Family Engagement Manager

Brenda Lory – Early Education and Child Care Council Coordinator

Debbie Guy – Child Care Resource & Referral Coordinator

Ellen Vieira – Plumas First 5 Executive Director

Kendra Fredrickson – Plumas CASA Program Manager

Liz Welch –Plumas STARS Quality Counts Coordinator

Merle Rusky – Feather River College, Early Childhood Education

6. LAURIE THOM AND FRC STUDENT DORSEY THOM – FROM THE RENO GAZETTE-JOURNAL

A mother's love: How Laurie Thom learned to change the world around her son Dorsey, who has autism

[Siobhan McAndrew](#), Reno Gazette Journal Published 6:00 a.m. PT May 8, 2019 | Updated 3:59 p.m. PT May 9, 2019

<https://www.rgj.com/story/news/2019/05/08/mom-tribal-leader-laurie-thom-learns-parenting-child-autism-changing-world/1130625001/>

Laurie Thom sat at the customer service desk, waiting.

"I would be afraid and worried and scared," Thom said about waiting for someone to find her son, who had run off at a store again.

It was a regular occurrence for Thom, chairman of the Yerington Paiute Tribe.

Thom is smart and accomplished, having been an environmentalist, victim's advocate, police officer and now a strong advocate for the rights of Native Americans.



Laurie Thom, Chairperson of the Yerington Paiute Tribe, poses for a photo on Monday May 6, 2019. (Photo: Andy Barron/RGJ)

But it was learning to parent her son that has been the biggest challenge.

"I was told I would never be able to have children," Thom said. When her daughter Trinity was born in 1992, it was a surprise.

"She is delightful. Everything was great. She is sweet, and she is loving."

Six years later, Dorsey was born.

"It was an amazing blessing," Thom said. "And knowing what I knew with Trinity, I thought I knew what I was doing."

But things were different.

Dorsey has sensitivity to light and sound. They put cotton in his ears when they went to the movies so the loud noises wouldn't bother him.

They went to events late to get seats near exits, so they could leave if it became too overwhelming for Dorsey.

[Advocating for Dorsey](#)

But through the years, Thom worked to learn how to advocate for Dorsey.

She asked Lyon County School District officials for help in figuring out how to educate her son.

“We wrote letters to the school district asking if there could be testing or something could be done to help my son, but no one ever listened,” she said.

Laurie Thom and her son Dorsey, a student at Feather River College. (Photo: Provided to the RGJ)



It was as she helped decorate the middle school gym ahead of her son’s 8th grade graduation that she broke down.

“I was standing there with balloons and the principal came up to me,” Thom said.

“I’ve got good news for you,” he told her; Dorsey could stay in high school until he was 22 and he could get an adjusted diploma, one given to students with disabilities.

“It hurt so much I had to go home,” Thom said about not wanting to believe her son wasn’t capable of more.

By the end of Dorsey’s freshman year, he was flunking out of school.

Thom reached out for help and was able to get an appointment with doctors through a program at the University of Nevada, Reno. After three months of tests and appointments, Thom was told her son had autism.

“He’s 14 years old getting his diagnosis,” Thom said. “I’m relieved. I’m scared, and I’m upset.”

She remembers taking Dorsey to lunch.

“The doctors say you have autism,” Thom told her son.

“So, I’m not stupid,” he said.

Thom cried.

“He thought he was stupid,” she said. “For him to think he was stupid all this time. It broke my heart.”

Thom learned about accommodations for her son including getting an Individual Education Program, a legally binding document that describes services provided to a student with disabilities.

After his first semester of his sophomore year, he had a 3.2 GPA.

Dorsey graduated high school and is finishing his second year of college at Feather River College.

He played football for the college and hopes to play at a four-year university, maybe the University of Nevada, Reno, in the fall.

After college he wants to be a conservation officer, working to protect the environment and wildlife.

Thom said looking back at Dorsey’s life she’s learned that it wasn’t about changing Dorsey.

“It was changing the world around him.”

FEATHER RIVER COLLEGE STUDENT LEARNING OUTCOMES

1. Communicate effectively	2. Demonstrate critical thinking skills	3. Locate, evaluate, and apply information	4. Demonstrate a sense of personal and professional ethic	5. Develop a clear sense of self, purpose, and ability to achieve goals	6. Demonstrate relationship skills through interpersonal communication, compromise, teamwork and collaboration	7. Value their education, understand its privilege, and become responsible citizens
----------------------------	---	--	---	---	--	---