

COVID-19 Testing, Screening and Expectations for Students Returning to Campus

If you are experiencing COVID symptoms or have experienced symptoms within the last 14 days, DO NOT COME TO CAMPUS. Contact the Vice President of Student Services at 530-283-0202 ext. 273 to discuss other arrangements for testing. Contact your instructor if you need to miss class. The health and safety of our students, employees and community is our top priority.

In partnership with Plumas District Hospital (PDH), rapid testing is provided at no cost to students who are enrolled in classes that meet on campus/in person. Students who live in Student Housing and Student Athletes have already been scheduled based on their check-in/report date and should NOT sign up again as space is limited.

Students are REQUIRED to schedule an appointment so FRC can provide PDH with registration information.

Sign up for COVID Testing

Testing will occur in the front parking lot at PDH. Plan to arrive a few minutes early. Click <u>HERE</u> to sign up for testing. Plumas District Hospital is located at 1065 Buck Lake Rd. Quincy, CA 95971.

Authorization for Release of COVID-19 Records

All students need to fill out a release authorizing PDH to inform FRC of the test results. The Release Form is good for one year. If you completed a form this fall, you do not need to complete another form this spring. Email forms to kdrybread@frc.edu prior to your test date.

Test Results

Results will be available by the end of the day. Students will only be notified if their result is positive. Students can set up a portal with PDH to access their results.

Self-Monitoring

In addition to testing, students are strongly encouraged to self-monitor for symptoms. Students should have received an email to their FRC student email address from "Healthy Roster" with more information. Students are required to complete symptom screening every day they have class meeting in person/on campus. If a student is "flagged" they will be referred to a healthcare provider and are not allowed to participate in campus activities, including in-person instruction until cleared. If you have not received an email invitation from Healthy Roster, contact dmitchell@frc.edu. Student-athletes contact vcampa@frc.edu.

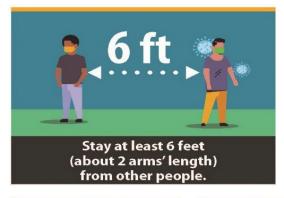
What if I cannot test during the available time?

Students can make arrangements on their own and provide a copy of a negative test result prior to their first inperson class meeting. Per Public Health guidance, the test should be completed within 72 hours of the first inperson class meeting. Please email kdrybread@frc.edu if you will be making your own arrangements and then again with a copy of the results. FRC is not responsible for costs if you make your own arrangements.

What if I already had Covid?

Students who had COVID within the last 60 days may provide documentation from their healthcare provider in lieu of testing. Please email kdrybread@frc.edu.

Help prevent the spread of respiratory diseases like COVID-19.

















cdc.gov/coronavirus